

Judul Disertasi

PENGEMBANGAN MODEL PEMBELAJARAN *GROUNDSTROKE* FOREHAND TENIS LAPANGAN BERBASIS SIRKUIT UNTUK PEMULA

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Penelitian ini adalah mengembangkan model pembelajaran berbasis Sirkuit untuk meningkatkan kemampuan teknik *Groundstroke Forehand* Tenis Lapangan di Prodi Penkepor TA 2012 FKIP UNS. Penelitian ini adalah merujuk dari penelitian pengembangan yang dikemukakan oleh Borg and Gall. Dari proses pembelajaran telah diuji dan diaplikasikan terhadap sampel kecil maupun sampel besar sehingga dapat ditarik kesimpulan bahwa pengembangan model pembelajaran *Groundstroke Forehand* Tenis Lapangan berbasis Sirkuit dapat dijadikan model dalam meningkatkan kemampuan penguasaan teknik *Groundstroke Forehand* Tenis Lapangan di Prodi Penkepor TA 2012 FKIP UNS. Model Pembelajaran Berbasis Sirkuit ini memakai 10 PosSirkuit. Dari 10 model pembelajaran berbasis Sirkuit dipandang perlu diaplikasikan pada setiap model pembelajaran *Groundstroke Forehand* Tenis Lapangan. Hasil Penelitian ini telah menjawab tentang efektifitas pembelajaran dengan hasil, pembelajaran setiap indikator penilaian pembelajaran model baru lebih efektif dibandingkan model lama. Rata-rata efektifitas kinerja proses pada kelompok kecil 20 mahasiswa dari factor pembelajaran bahwa rata-rata pembelajaran model lama 5,5 sedangkan rata-rata pembelajaran model baru sebesar 7 kemudian rata-rata Angket Penilaian terhadap design pembelajaran berupa 18 butir pernyataan pada design pembelajaran model lama 88,82% sedangkan design pembelajaran model baru sebesar 92,15%. Rata-rata efektifitas kinerja proses pada kelompok besar 70 mahasiswa dari factor pembelajaran bahwa rata-rata pembelajaran model lama 6,5 sedangkan rata-rata pembelajaran model baru sebesar 9 kemudian rata-rata Angket Penilaian terhadap design pembelajaran berupa 18 butir pernyataan pada design pembelajaran model lama 76,79% sedangkan design pembelajaran model baru sebesar 84,9%. [**Kata Kunci.** Pengembangan Model Pembelajaran *Groundstroke Forehand* Tenis Lapangan]

DEVELOPMENT OF LEARNING MODEL TENNIS GROUNDSTROKE FOREHAND BASED ON CIRCUIT FOR BEGINNERS. This research to develop a learning model based Circuit to enhance the technical capabilities Tennis Forehand groundstrokes in Prodi Penkepor 2012 FKIP UNS. This study is referring to the research development proposed by Borg and Gall. Of the learning process has been tested and applied to a sample of small and large sample so it can be concluded that the development of the learning model based *Groundstroke Forehand* Tennis Circuit can be used as a model to improve the mastery of technique Tennis Forehand groundstrokes in Prodi Penkepor 2012 FKIP UNS. Circuit-Based Learning Model use 10 Circuit Pos. Of the 10 models considered necessary based learning Circuit applied to any learning models Tennis Forehand groundstrokes. Results of this study was to answer about the effectiveness of learning outcomes, learning every new model of learning assessment indicators are more effective than older models. The average effectiveness of process performance on a small group of 20 students from the learning factor that the average learning old model 5.5

while the average new model of learning by 7 then average Questionnaire Assessment of the learning design in the form of 18 statement on instructional design models long learning 88.82% while the design of new models by 92.15%. The average effectiveness of the performance of the process on a large group of 70 students from the learning factor that the average learning old model 6.5 while the average new model of learning by 9 then average Questionnaire Assessment of the learning design in the form of 18 statement on instructional design models long learning 76.79% while the design of new models of 84.9%. [Key Word: Development Of Learning Model Groundstroke Forehand Tennis]